## DEPARTMENT OF HEALTH AND SENIOR SERVICES. CHRONIC DISEEASE PREVENTION AND HEALTH PROMOTION

## from Missouri County-level Study

## 2003 Health and Preventive Practices Status Report



MISSOUR

_	County Prevalence (%)*	K.C. Metro Region Prevalence (%)*	State Prevalence (%)*
General			
Health Status (Fair or Poor)	16.5	15.2	16.9
No Health Coverage	13.1	10.8	12.8
B <sub>ehavioral Risk Factors</sub>			
Physical Inactivity	29.0	26.7	24.0
Current Smoker	26.0	24.6	26.4
Overweight (BMI 25-29.9)	37.9	35.6	35.3
Obese (BMI ≥ 30)	25.3	27.4	23.4
isease and Conditions			
Isease and Conditions  High Blood Pressure	30.3	28.9	28.9
High Cholesterol (35 years or older)	48.6 H	43.6 H	37.1
Asthma	12.9	12.6	10.8
Diabetes	8.1	7.5	7.2
Activity Limitation	19.8	18.2	17.9
ancer Screening			
Vomen			
Never had a Mammogram	9.2	13.0	13.4
lo Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	38.9	48.0	49.4
50-64 years of age	45.2	40.4	35.9
65 and older	42.7	43.7	47.4
lever had a Pap Test:			
18-69 years of age	3.3	3.3	5.1
70 and older	2.0	3.1	6.4
No Pap Test in Last Year (18-29)	24.8	23.5	25.8
No Pap Test in Last 3 Years (30-69)	6.6	9.1	13.8
Men and Women 50 Years or Older Blood Stool Test:			
Never had a Blood Stool Test	42.1 L	46.2 L	57.0
No Blood Stool Test in Last Year	71.1	72.0	57.0 77.5
Sigmoidoscopy/Colonoscopy	71.1	7 2.0	77.5
Never had a Sigmoidoscopy or Colonoscopy	37.3 L	40.8	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	44.9 L	48.8	57.0

\*Prevalence rates are age adjusted to the 2000 U.S. standard population

- indicates that the prevalence rate is not significantly above or below state prevalence
- indicates that the prevalence rate is significantly above the state prevalence
- indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older